



## Welcome to This Video Series

The NCDCA Counselor Educator Academy (CEA) 2018 cohort developed this career counseling video series to help career development practitioners bridge the gap between career development theory and practice. Their goal was to help instructors, practitioners, and graduate students understand how theoretical frameworks can be applied in real-world counseling. Inspired by the renowned "Gloria Films" of 1965, which showcased multiple psychotherapy approaches with the same client, this project follows a similar structure.

In line with NCDCA's commitment to diversity and inclusion, the coordinators sought a client with a genuine career concern, who also represented multiple historically marginalized identities. The client you will meet in the video series identifies as an African American transgender man, and the counselors involved in the series reflect a range of privileged and marginalized identities to highlight diverse perspectives and counseling dynamics.

This video series features six key career development theories. Each theory section includes:

- a theoretical introduction with the counselor,
- counseling session demonstration, and
- counselor/client reflections.

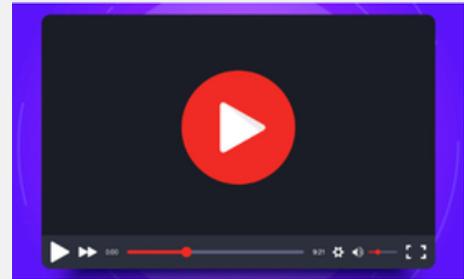
Viewers can see the full scope of theoretical application, providing a valuable resource for career development instructors, practitioners, and students alike.



## Resource Outline

- Introduction
- Theories in Practice
  - Hope Action Theory with Dr. Spencer Niles
  - Super's Life-Span, Life Space Theory with Dr. Kathy Evans
  - Career Construction Theory with Dr. Mark Savickas
  - Social Cognitive Theory with Dr. Mei Tang
  - Chaos Theory of Careers with Dr. Lauren Pasquarella Daley
  - Schlossberg's Transition Theory with Dr. Jane Goodman
- Additional Resources
  - Instructor Guide
  - Relevant NCDCA publications and webpages
- Acknowledgements

## Bridging the Gap: Career Counseling Theory to Practice [VIDEOTHRY001]



### This resource includes:

- Six series of videos organized by theory.
- Instructor Guide:
  - Links to share video resources with students
  - Recommended class activities using the video series

### No Assessment

- This is a resource collection that does not include a learning assessment or quiz.

### Course Acknowledgements

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### Continuing Education Credits

- 2 CEs

### Permission to Use

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